

ATARASHI ALLERGEN INFORMATION

	Vegan	Gluten	Soy	Eggs	Fish	Shellfish	Sesame	Dairy	Peanuts	Tree Nuts		
Proteins												
<i>Cooked</i>												
Fire Braised Chicken												
Sukiyaki Beef (w. Onion)		X	X		X							
Ebi (Shrimp)						X						
Kani (Crabstick)				X	X	X						
Spicy Kani (Shredded Crab)			X	X	X	X						
Unagi (Eel)		X	X		X							
Agé Tofu	✓		X									
Baked Tofu	✓		X									
Chicken Tempura		X										
Shrimp Tempura		X	X			X						
<i>Raw</i>												
Ahi Tuna					X							
Atlantic Salmon					X							
Atlantic Smoked Salmon					X							
Hamachi (Yellowtail)					X							
Spicy Ahi Tuna			X	X	X							
Toppings												
Avocado	✓											
Carrots	✓											
Cauliflower Rice	✓											
Cream Cheese	✓							X				
Cucumber	✓											
Edamame	✓											
Hijiki Salad	✓		X				X					
Jalapeños	✓											
Kimchi Salad	✓											
Mango	✓											
Mixed Greens	✓											
Seaweed Salad	✓		X				X					
Spinach	✓											
Roasted Corn	✓											
Sauces												
Asian Sesame Dressing	✓	X	X				X					
Cucumber Wasabi				X					X			
Gluten Free Soy Sauce	✓		X									
Poke Sauce	✓	X	X				X					
Ponzu	✓	X	X									
Spicy Mayo			X	X								
Spicy Poke Sauce	✓	X	X				X					
Sriracha	✓											
Sweet Chili	✓											
Teriyaki Sauce	✓	X	X									
Yum Yum Sauce			X	X								
Garnishes												
Chili Powder	✓						X					
Crunchy Onions	✓	X										
Green Onions	✓											
Pickled Ginger	✓											
Crispy Rice Bits	✓	X										
Seaweed Strips	✓											
Sesame Seeds	✓						X					
Wasabi	✓											
Sides	<i>All other side options are previously listed in categories above.</i>											
Gyoza		X		X		X						
Steamed Edamame	✓		X									
Vegetable Spring Rolls	✓	X	X									
<i>Please call us to request additional information. We are happy to help you meet all of your dietary needs!</i>												

X = Contains Allergen
 ✓ = Vegan